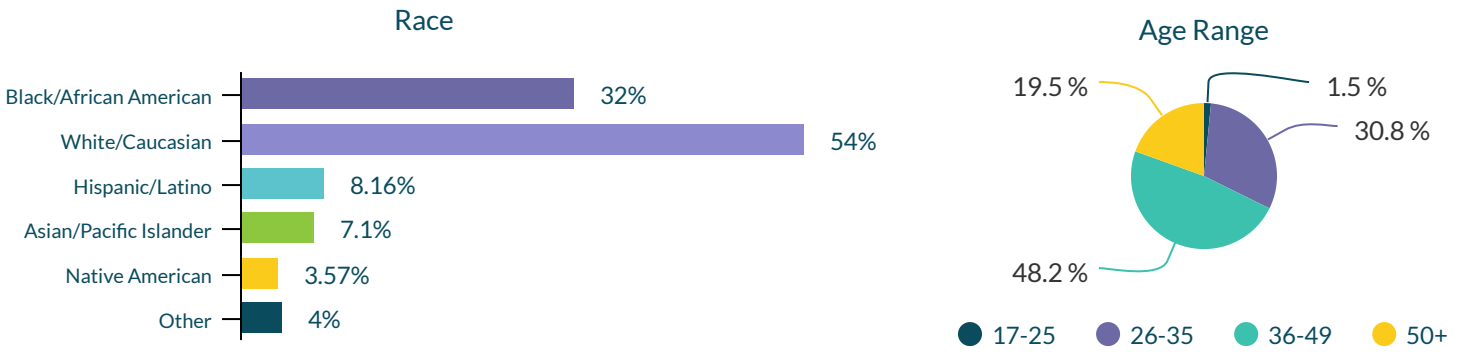



Living With Fibroids: Your Experience

The following statistics are results from a survey conducted by CARE About Fibroids, in partnership with Responsum for Fibroids, to learn more about women's thoughts on and experiences with the financial impact of uterine fibroids. The survey was taken by **100 women** and was conducted in April 2021.

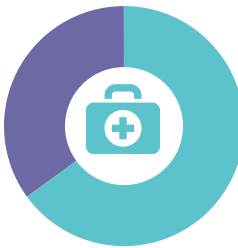
Respondent Demographics



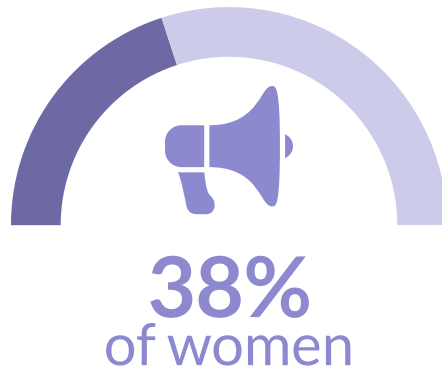
79% of women surveyed stated that they are currently dealing with fibroids.




56% of women have chosen to **avoid or delay treatment for fibroids** at some point due to **financial reasons**.






38% of women don't know what other treatment options are available for fibroids besides surgery.



27% of women needed to rely on family or friends to help cover the costs associated with fibroids, and an **additional 29%** needed financial assistance but did not receive any.



When asked what led them to delay or forego treatment:

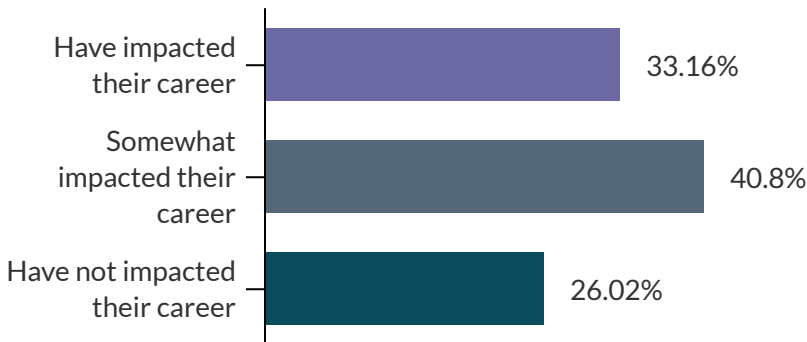
-  **61%** said treatment was **too expensive**.
-  **61%** said they would have to take **too much time off from work**.
-  **32%** said they **didn't have anyone to care for them during recovery**.

Other submissions included: lack of insurance; scared to only be given one option; preserving fertility; increased scar tissue; preparations for surgery would impact work; no caregivers due to COVID; exploring less invasive options; hesitant of risk associated with surgery; other medical needs took priority; not necessary yet; need to take care of my kids.

Due to fibroids.. "my quality of life was lowered (before myomectomy). I had to stay at home or go out with numerous supplies to ensure I would not bleed out."


Due to fibroids.. "I have hesitated to change careers or get more training because I am worried about how much time preparation and recovery for surgery will require."

Looking back on career goals pre-diagnosis, **73% felt that fibroids have hindered their career trajectory in some way**.




61% reported that fibroids made it more difficult (or somewhat more difficult) to maintain a consistent, reliable income.

- 39%** said it did not make it more difficult.



Survey participants reported experiencing the following due to fibroids:

- 26%** had increased costs due to mental health treatment.
 - 34%** had a spouse and/or family member take on greater financial responsibility.
 - 71%** had to pay for more feminine hygiene (menstrual) products than usual.
 - 29%** were unable to accumulate as much in personal savings.
 - 13%** could not provide for their children as much as they would like.
 - 22%** had difficulty paying non-medical bills.
 - 43%** had to maintain an expensive diet to ease symptoms.
- 

Other submissions included: lower quality of life; having to stay home to avoid bleeding out; being unable to conceive and having to undergo IVF treatment; not being able to work and unable to afford treatment; an increase in medical bills; not being understood; hesitation to change careers; worried about having time for preparation or recovery from surgery.